

District I
PERCY DEAL
P.O. Box 385
Oraibi, AZ 86038
Phone 726-3460

District II
DAVID J. TSOSIE
Box 1007
Keams Canyon, AZ 86034
Phone 871-6442

District III
MARLIN F. GILLESPIE
216 Encanto Dr.
Holbrook, AZ 86025
Phone 524-3041

District IV
PETE SHUMWAY
P.O. Box 181
Taylor, AZ 85939
Phone 536-4080

District V
LARRY A. LAYTON
P. O. Box 778
Lakeside, AZ 85928
Phone 387-2551

NAVAJO COUNTY BOARD OF SUPERVISORS

Governmental Complex
P.O. Box 668 - 100 E. Carter Drive
Holbrook, AZ 86025
(602) 524-6161 EXT. 406 FAX (602) 524-3094

Edward J. Koury
COUNTY MANAGER

Sharon R. Keene
CLERK OF THE BOARD

RESOLUTION NO. 75-92

RESOLUTION OF THE NAVAJO COUNTY BOARD OF SUPERVISORS APPROVING THE FORMATION OF A LOCAL COUNCIL IN NAVAJO COUNTY OF THE PRESIDENT'S COUNCIL ON SPORTS AND PHYSICAL FITNESS.

WHEREAS, research shows that regular exercise controls body fat; develops lean body mass; increases cardiovascular endurance; improves muscular strength; flexibility and coordination; enhances emotional well-being; and sustains lifelong functional capacity; and

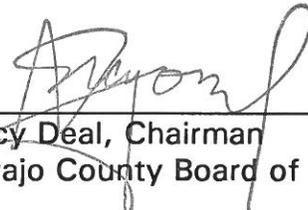
WHEREAS, regular exercise helps control many chronic conditions such as obesity, diabetes mellitus, hypertension, cardiovascular disease, osteoporosis, and certain forms of cancer; and

WHEREAS, the Health People 2000 National Health Promotion and Disease Prevention strongly emphasize physical activity and fitness improvements for all individuals; and

WHEREAS, the health and fitness of all ages is of a concern to Navajo County;

THEREFORE, BE IT RESOLVED, that the Navajo County Board of Supervisors hereby establishes a Local Council on Physical Fitness and Sports to alert the community of the importance of physical fitness, and to coordinate resources for specific interventions; and appoints Joy Dunder as chairman of this Council.

PASSED, APPROVED AND ADOPTED by the Navajo County Board of Supervisors this 16th day of November.



Percy Deal, Chairman
Navajo County Board of Supervisors

ATTEST:



Sharon R. Keene-Wright, Clerk
Board of Supervisors